



UNIVERSITY OF  
**CENTRAL**  
**MISSOURI**

# UCM's Counseling Master's Program Clinic



Individual and group counseling services are available at the Warrensburg campus (Lovinger building), the Missouri Innovation Campus (room A201), and virtually (telehealth services). Services are free to UCM students.

To request confidential services, please contact:

Nancy L.A. Forth, Ph.D., NCC, LPC

Professor and Program Coordinator of Counseling

Department Chair of Counseling & Educational Leadership

Phone: 660.543.8093

Email: [nforth@ucmo.edu](mailto:nforth@ucmo.edu)

Common issues that bring people to counseling include anxiety and stress, time management, academic concerns or adjusting to college, relationship difficulties, career concerns, depression, loneliness, alcohol and/or substance use concerns, healing from trauma, processing grief/loss, suicidal thoughts, trouble with concentration or motivation, sexuality or sexual identity issues, and other concerns.

UCM's Counselors-In-Training are graduate students in their last year of their master's degree program at the University of Central Missouri, and receive supervision from UCM faculty while they provide services to people seeking counseling.

For students in crisis at any time of day or would who like to talk to a trained professional when the UCM Counseling Center is closed, you can call 660-543-8008

