Intern's Self-Assessment Form

University of Central Missouri School of Technology **Technology Internship**

Instructions: Please provide honest feedback concerning your strengths and weaknesses. Your answers will not impact your grade in this course but will provide an opportunity for you to look at all aspects of your performance on the job. This form will be kept confidential between you, the Internship office, and your department. Please complete both pages of this evaluation and submit it by emailing techinterns@ucmo.edu

Intern name:	Company location:
Company name:	Supervisor name:

Please rate yourself by placing an "X" next to the most appropriate response for each category.

Ability to Learn

- ____ exceptionally sharp
- learns work quickly
- _____ typical learner
- _ rather slow in learning
- needs excessive repetition

Attitude

- ____ enthusiastic & positive
- _____ interested, industrious
- ____ average diligence, interest
- somewhat aloof
- definitely not interested

Dependability

- entirely dependable
- ____ strong sense of responsibility
- _____ frequently dependable
- sometimes neglectful
- ____ careless, unreliable

Leadership

- exceptional leader
- ____ strong leader
- _____ frequently leads or delegates
- ____ occasionally leads or delegate
- ____ unable to lead or delegate
- ____ no basis for judgment

Reliability (Place an X next to the choice that best applies)

Initiative

- ____ creates opportunities
- ____ generally a self-starter
- ____ works independently at times
- ____ rather hesitant
- needs lots of direction

Judgment

- ____ exceptionally mature judgment
- ____ good common sense
- ____ usually makes good choices
- _____ frequently makes poor choices
- ____ bad judgment

Maturity

- ____ exceptionally mature
- ____ above average maturity
- ____ average maturity
- somewhat immature
- ____ terribly immature

Problem Solving

Always Reliable

- exceptional problem solver ____
- good problem solver _____
- solves problems with guidance
- solutions lack basis
- difficulty in finding solutions
- no basis for judgment

Punctual

Often Tardy

Often Absent

- **Relations with co-workers**
- ____ extremely well respected
- ____ works well with others
- ____ gets along satisfactorily
- difficult to work with some
- often disagreeable

Quality of Work

- committed to perfection
- ____ detail-minded
- ____ average quality
- content with minor errors ____
- _____ satisfied with poor quality

Quantity of Work

- exceptionally high output
- more than average output _____
- normal amount
- below average
- ____ poor output, slow

Planning

- exceptional foresight
- plans well for most situations
- occasionally plans well
- plans are usually unattainable
- crisis manager-lacks planning
- no basis for judgment

Return to:

Your internship advisor or techinterns@ucmo.edu

Intern's Name: _____

My outstanding personal qualities are:

The personal qualities which I should strive most to improve are:

Suggestions for other course work which could have been helpful in enabling me to more adequately meet the needs of my job:

Additional remarks: