



UNIVERSITY OF  
CENTRAL  
MISSOURI

# Parkinson Voice Project SPEAK OUT!



## WHAT IS SPEAK OUT?

The SPEAK OUT!® Therapy Program, developed by Parkinson Voice Project®, helps people with Parkinson's regain and retain their speech and swallowing abilities. The evidence-based program combines education for the patient and family, individual speech therapy, daily home practice using workbooks, flashcards, and online practice sessions, along with weekly speech groups, and regular re-evaluations.

## ABOUT OUR CLINIC

At the Welch-Schmidt Center for Communication Disorders, services are provided by graduate students in the Communication Disorders program under the direct supervision of a licensed speech-language pathologist and SPEAK OUT! provider. Services may be offered in-person or via teletherapy.

## CONTACT US

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## WHO IS A CANDIDATE FOR THERAPY?

- Individuals diagnosed with Parkinson's Disease
- Able to follow simple directions

## WHAT SKILLS ARE TARGETED?

- Vocal quality and volume
- Speech clarity
- Cognitive-linguistic skills
- Swallowing

SCAN FOR MORE INFORMATION



## MEET THE SUPERVISORS



Dr. Gregory Turner  
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Ms. Lauren Siemers  
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